Assessing Display Screen Equipment

IIRSM Approved

Our display screen equipment courses are aimed at users of display screen equipment (DSE or VDU) and those responsible for assessing display screen equipment. A 'user' is anyone who regularly uses display screen equipment for a significant part of their everyday work. In practice, if you use display screen equipment continuously for more than one hour a day, then you're a 'user'.

So what do we mean by display screen equipment?

The first thing most people think of is a computer monitor. But that's not the only thing it refers to. Display screen equipment could also mean laptops, tablet PCs, televisions, smartphones, CNC control pads, portable diagnostic screens or equipment containing cathode ray tubes, or CRTs.

The Health & Safety Authority (Display Screen Equipment) Regulations contain special directives covering DSE safety. Both employers and employee-users have responsibilities under the legislation. This is outlined in the Safety Health and Welfare (General Application) Regulations: Chapter 5 of Part 2.

This course fulfils your statutory training obligations and covers, among other things, the correct way to set up and use your display screen equipment safely, and reduce the risk of work-related conditions.

For a full list of all of our online courses, please click here

Course	Module Number	Module Name	Pass % Required
Assessing DSE	1	Introduction	70
Assessing DSE	2	Legislation	70
Assessing DSE	3	Protecting Your Body	70
Assessing DSE	4	Adjusting Your Chair	70
Assessing DSE	5	Adjusting Your Screen	70
Assessing DSE	6	Work Arrangements	70
Assessing DSE	7	Adjusting the Layout of Your Workstation	70
Assessing DSE	8	Adjusting Your Work Environment	70
Assessing DSE	9	Risk Assessment Overview	70
Assessing DSE	10	Principles of Sensible Risk Management	70
Assessing DSE	11	Key Health and Safety Legislation	70
Assessing DSE	12	DSE Hazards and Risks	70
Assessing DSE	13	DSE Assessments	70
Assessing DSE	14	Control and Prevention Strategies	70
Assessing DSE	15	Practical Element	70

Recommended System Requirements
• Browser: Up to date web browser
• Video: Up to date video drivers
• Memory: 1Gb+ RAM
• Download Speed: Broadband (3Mb+)

Duration: 110 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).